

Minnesota Long Course State Championships
July 29th, 30th, 31st & August 1st, 2010 - Order of Events

12 & Under Friday Events
Timed Finals

<u>Girls</u>	<u>Age Group</u>	<u>Event</u>	<u>Boys</u>
115	11 -12	400 M.R.	116
117	9 - 10	50 Free	118
119	11 -12	50 Free	120
121	11 -12	200 Fly	122
123	9 - 10	100 Back	124
125	11 -12	100 Back	126
127	9 - 10	50 Fly	128
129	11 -12	50 Fly	130
131	9 - 10	200 Free	132
133	11 -12	200 Free	132

12 & Under Saturday Events
Timed Finals

<u>Girls</u>	<u>Age Group</u>	<u>Event</u>	<u>Boys</u>
135	11-12	200 M.R.	136
137	10/Under	200 M.R.	138
139	11 -12	200 Breast	140
141	8 & U	50 Free	142
143	9 - 10	100 Fly	144
145	11 - 12	100 Fly	146
147	8 & U	50 Breast	148
149	9 - 10	50 Breast	150
151	11 - 12	50 Breast	152
153	8 & U	50 Fly	154
155	9 - 10	200 I.M.	156
157	11 - 12	400 Free	158
159	11 - 12	400 F.R.	160

12 & Under Sunday Events
Timed Finals

<u>Girls</u>	<u>Age Group</u>	<u>Event</u>	<u>Boys</u>
161	11 - 12	200 F.R.	162
163	10 & U	200 F.R.	164
165	11 - 12	100 Breast	166
167	9 - 10	100 Breast	168
169	11 - 12	200 I.M.	170
171	8 & U	50 Back	172
173	9 - 10	50 Back	174
175	11 - 12	50 Back	176
177	8 & U	100 Free	178
179	9 - 10	100 Free	180
181	11 - 12	100 Free	182
183	11 - 12	200 Back	184

Minnesota Long Course State Championships
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13 & Over Thursday Events
Prelim/Finals

Girls	Age Group	Event	Boys
1	*13 - 14	800 FREE	2
3	*15 - 16	800 FREE	4
5	*Senior	800 FREE	6
7	13 - 14	200 M.R.	8
9	15 - 16	200 M.R.	10
11	Senior	200 M.R.	12
13	13 - 14	200 BACK	14
15	15 - 16	200 BACK	16
17	Senior	200 BACK	18
19	13 - 14	400 IM	20
21	15 - 16	400 IM	22
23	Senior	400 IM	24
25	13 - 14	100 FREE	26
27	15 - 16	100 FREE	28
29	Senior	100 FREE	30

*800 Free will be swum as the last event in Prelims, all age groups combined swimming fastest to slowest alternating heats W & M with the top 8 W and top 8 M seed times swimming with Finals

800 Free will be the first event in finals as printed above

Ten minute break at the conclusion of event # 30 in prelims and event # 6 in Finals

Awards and points will be given by age groups

13 & Over Friday Events
Prelim/Finals

Girls	Age Group	Event	Boys
31	13 - 14	200 F.R.	32
33	15 - 16	200 F.R.	34
35	Senior	200 F.R.	36
37	**13 - 14	400 Free	38
39	**15 - 16	400 Free	40
41	**Senior	400 Free	42
43	13 - 14	100 Fly	44
45	15 - 16	100 Fly	46
47	Senior	100 Fly	48
49	13 - 14	200 Breast	50
51	15 - 16	200 Breast	52
53	Senior	200 Breast	54
55	13 - 14	400 M.R.	56
57	15 - 16	400 M.R.	58
59	Senior	400 M.R.	60

**400 Free will be swum as the last event in prelims, all ages combined, "circle" seeded, fastest to slowest alternating heats of M & W

(400 Free will be the 2nd event in Finals as printed)

Ten minute break at the conclusion of event # 60 in prelims

Awards and points will be given by age groups

**Minnesota Long Course State Championships
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**13 & Over Saturday Events
Prelim/Finals**

<u>Girls</u>	<u>Age Group</u>	<u>Event</u>	<u>Boys</u>
61	13 - 14	200 Free	62
63	15 - 16	200 Free	64
65	Senior	200 Free	66
67	13 - 14	100 Back	68
69	15 - 16	100 Back	70
71	Senior	100 Back	72
73	13 - 14	200 Fly	74
75	15 - 16	200 Fly	76
77	Senior	200 Fly	78
79	13 - 14	100 Breast	80
81	15 - 16	100 Breast	82
83	Senior	100 Breast	84
85	***13 - 14	800 F.R.	86
87	***15 - 16	800 F.R.	88
89	***Senior	800 F.R.	90

***800 Free Relay will be swum all age groups combined, fastest to slowest alternating heats W & M,
with the top 8 W and top 8 M seed times swimming with Finals

Ten minute break at the conclusion of event # 84 in Prelims and Finals

Awards and points will be given by age groups

**13 & Older Sunday Events
Prelim/Finals**

<u>Girls</u>	<u>Age Group</u>	<u>Event</u>	<u>Boys</u>
91	13 - 14	400 F.R.	92
93	15 - 16	400 F.R.	94
95	Senior	400 F.R.	96
97	13 - 14	200 IM	98
99	15 - 16	200 IM	100
101	Senior	200 IM	102
103	****13 - 14	1500 Free	104
105	****15 - 16	1500 Free	106
107	****Senior	1500 Free	108
109	13 - 14	50 Free	110
111	15 - 16	50 Free	112
113	Senior	50 Free	114

****1500 Free will be swum as the last event in Prelims,
all age groups combined swimming fastest to slowest alternating heats W & M with
the top 8 W and top 8 M seed times swimming with Finals

1500 Free will be swum as the 3rd event in Finals as printed above

Ten minute break at the conclusion of event # 114 in Prelims

Awards and points will be given by age groups