

**SOUTH EAST METRO SHARKS
SWIM CLUB, INC.**

Individual Meet Results

2010 MN HASA Frostbite ABC Open 30-Jan-10 to 31-Jan-10 Yards

Sanction: MN10W-12-09Y Location: Hudson Middle School

South East Metro Sharks [SEMS-MN] Coach: Eric Seversen

Time	F/P/S	Event	Place	Points	Improv
Peyton Adams (13) F					
3:11.20Y C	F # 31	Female 13-14 200 IM	10	---	-18.54
1:17.88Y C	F # 35	Female 13-14 100 Free	5	---	-1.08
1:36.55Y	F # 43	Female 13-14 100 Back	20	---	---
3:37.17Y C	F # 47	Female 13-14 200 Breast	14	---	---
2:51.90Y C	F # 82	Female 13-14 200 Free	7	---	-4.55
1:38.12Y	F # 86	Female 13-14 100 Fly	9	---	---
1:37.68Y C	F # 94	Female 13-14 100 Breast	14	---	---
34.84Y C	F # 98	Female 13-14 50 Free	9	---	-0.19
Elsa Bardwell (10) F					
NS	F # 9	Female 9-10 50 Back	---	---	---
NS	F # 22	Female 9-10 100 Free	---	---	---
NS	F # 56	Female 9-10 50 Free	---	---	---
NS	F # 66	Female 9-10 100 Back	---	---	---
Hanna Battah (16) F					
27.36Y A	F # 25	200 Free Relay Lead Off	---	---	0.98
2:35.67Y B	F # 29	Female Senior 200 IM	7	---	3.41
1:01.93Y B	F # 33	Female Senior 100 Free	7	2	3.86
1:12.79Y B	F # 41	Female Senior 100 Back	3	6	7.39
Leena Battah (12) F					
1:12.20Y B	F # 32	Female 11-12 100 Free	4	---	-6.83
44.32Y C	F # 36	Female 11-12 50 Breast	9	---	-4.25
1:27.23Y C	F # 40	Female 11-12 100 Back	6	---	0.94
37.87Y C	F # 44	Female 11-12 50 Fly	5	---	-0.79
36.18Y B	F # 79	200 Medley Relay Lead Off	---	---	-2.29
31.30Y B	F # 83	Female 11-12 50 Free	9	---	-1.65
1:22.48Y B	F # 87	Female 11-12 100 IM	12	---	-2.43
37.08Y B	F # 91	Female 11-12 50 Back	8	---	-1.39
2:39.26Y B	F # 99	Female 11-12 200 Free	2	---	-8.55
Caroline Baumann (11) F					
33.89Y B	F # 83	Female 11-12 50 Free	19	---	-0.02
1:22.41Y B	F # 87	Female 11-12 100 IM	11	---	-0.35
37.77Y B	F # 91	Female 11-12 50 Back	9	---	-0.32
1:36.48Y C	F # 95	Female 11-12 100 Breast	8	---	-1.84
Emily Benson (14) F					
35.59Y C	F # 27	200 Free Relay Lead Off	---	---	1.73
3:14.77Y C	F # 31	Female 13-14 200 IM	11	---	0.15
1:19.30Y C	F # 35	Female 13-14 100 Free	7	---	2.53
1:29.09Y C	F # 43	Female 13-14 100 Back	16	---	-2.10
3:41.18Y C	F # 47	Female 13-14 200 Breast	15	---	-13.50
Anna Bettmann (8) F					
1:41.94Y B	F # 7	Female 8 & Under 100 Free	3	---	-0.68
1:01.20Y B	F # 12	Female 8 & Under 50 Breast	2	---	---
1:04.95Y C	F # 17	Female 8 & Under 50 Fly	4	---	---

**SOUTH EAST METRO SHARKS
SWIM CLUB, INC.**

Individual Meet Results

2010 MN HASA Frostbite ABC Open 30-Jan-10 to 31-Jan-10 Yards

Sanction: MN10W-12-09Y Location: Hudson Middle School

South East Metro Sharks [SEMS-MN] Coach: Eric Seversen

Time	F/P/S	Event	Place	Points	Improv
43.82Y B	F # 58	Female 8 & Under 50 Free	5	---	---
53.98Y DQ	F # 63	Female 8 & Under 50 Back	---	---	---
1:58.53Y C	F # 68	Female 8 & Under 100 IM	2	---	---
Lynnae Boe (13) F					
2:51.35Y B	F # 31	Female 13-14 200 IM	4	---	---
1:15.85Y C	F # 35	Female 13-14 100 Free	2	---	4.17
1:23.35Y C	F # 43	Female 13-14 100 Back	9	---	-1.58
3:27.32Y C	F # 47	Female 13-14 200 Breast	11	---	---
2:38.17Y C	F # 82	Female 13-14 200 Free	3	---	2.89
1:24.94Y C	F # 86	Female 13-14 100 Fly	3	---	---
2:56.14Y C	F # 90	Female 13-14 200 Back	6	---	---
33.63Y C	F # 98	Female 13-14 50 Free	2	---	0.74
Jenna Bosch (17) F					
1:02.93Y B	F # 33	Female Senior 100 Free	9	---	2.87
2:52.21Y C	F # 37	Female Senior 200 Fly	1	---	-2.56
1:18.61Y C	F # 41	Female Senior 100 Back	10	---	2.30
2:58.85Y B	F # 45	Female Senior 200 Breast	5	---	5.97
Kasey Bosch (15) F					
2:35.54Y B	F # 29	Female Senior 200 IM	6	---	1.55
1:05.36Y B	F # 33	Female Senior 100 Free	7	---	1.99
1:18.37Y C	F # 41	Female Senior 100 Back	9	---	2.11
2:43.69Y A	F # 45	Female Senior 200 Breast	1	9	3.03
Megan Bratland (9) F					
2:16.97Y DQ	F # 4	Female 9-10 100 IM	---	---	---
1:02.61Y	F # 9	Female 9-10 50 Back	43	---	-3.79
1:07.03Y	F # 19	Female 9-10 50 Breast	40	---	---
1:59.02Y	F # 22	Female 9-10 100 Free	47	---	-1.77
Alexandra Burd (13) F					
30.93Y B	F # 27	200 Free Relay Lead Off	---	---	0.26
1:06.21Y B	F # 35	Female 13-14 100 Free	10	---	-2.16
3:09.27Y C	F # 39	Female 13-14 200 Fly	3	---	---
1:25.40Y C	F # 43	Female 13-14 100 Back	13	---	4.30
2:23.26Y B	F # 82	Female 13-14 200 Free	10	---	1.36
1:26.03Y C	F # 86	Female 13-14 100 Fly	4	---	-2.93
2:57.55Y C	F # 90	Female 13-14 200 Back	8	---	2.43
31.56Y B	F # 98	Female 13-14 50 Free	13	---	0.89
Marissa Burleigh (13) F					
30.15Y B	F # 27	200 Free Relay Lead Off	---	---	0.74
2:44.39Y B	F # 31	Female 13-14 200 IM	12	---	-2.50
1:05.17Y B	F # 35	Female 13-14 100 Free	7	---	1.10
1:15.96Y B	F # 43	Female 13-14 100 Back	10	---	0.17
3:17.77Y C	F # 47	Female 13-14 200 Breast	8	---	3.00
2:17.66Y B	F # 82	Female 13-14 200 Free	4	---	-1.85
2:37.15Y B	F # 90	Female 13-14 200 Back	6	---	-2.94

**SOUTH EAST METRO SHARKS
SWIM CLUB, INC.**

Individual Meet Results

2010 MN HASA Frostbite ABC Open 30-Jan-10 to 31-Jan-10 Yards

Sanction: MN10W-12-09Y Location: Hudson Middle School

South East Metro Sharks [SEMS-MN] Coach: Eric Severson

Time	F/P/S	Event	Place	Points	Improv
1:31.38Y	C F # 94	Female 13-14 100 Breast	5	---	0.32
5:51.32Y	B F # 102	Female 13-14 400 IM	5	---	---
Mannix Burns (12) M					
29.22Y	A F # 3	200 Free Relay Lead Off	---	---	-0.49
1:04.05Y	A F # 6	Male 11-12 100 Free	1	---	-2.54
39.89Y	B F # 11	Male 11-12 50 Breast	1	---	-3.28
1:20.52Y	B F # 16	Male 11-12 100 Back	1	---	3.13
32.91Y	A F # 21	Male 11-12 50 Fly	2	7	-0.70
29.09Y	A F # 55	Male 11-12 50 Free	1	9	-0.62
1:15.94Y	B F # 60	Male 11-12 100 IM	1	---	-3.77
37.37Y	B F # 65	Male 11-12 50 Back	1	---	-0.88
1:26.02Y	B F # 70	Male 11-12 100 Breast	1	---	-8.08
Madelyn Carpentier (13) F					
2:43.37Y	B F # 31	Female 13-14 200 IM	1	---	-10.41
1:05.83Y	B F # 35	Female 13-14 100 Free	8	---	2.40
1:16.09Y	B F # 43	Female 13-14 100 Back	1	---	-3.60
3:08.36Y	B F # 47	Female 13-14 200 Breast	2	---	-5.57
2:19.60Y	B F # 82	Female 13-14 200 Free	7	---	-7.26
2:40.26Y	B F # 90	Female 13-14 200 Back	1	---	-18.76
1:25.64Y	B F # 94	Female 13-14 100 Breast	6	---	-3.20
29.73Y	B F # 98	Female 13-14 50 Free	4	---	0.25
Sophia Carpentier (11) F					
1:33.42Y	F # 32	Female 11-12 100 Free	30	---	0.97
51.37Y	F # 36	Female 11-12 50 Breast	26	---	-0.84
1:42.37Y	F # 40	Female 11-12 100 Back	21	---	0.03
55.21Y	F # 44	Female 11-12 50 Fly	32	---	0.45
43.46Y	C F # 79	200 Medley Relay Lead Off	---	---	-2.40
40.58Y	F # 83	Female 11-12 50 Free	23	---	1.65
1:41.04Y	F # 87	Female 11-12 100 IM	17	---	-7.16
45.46Y	C F # 91	Female 11-12 50 Back	17	---	-0.40
1:49.32Y	C F # 95	Female 11-12 100 Breast	19	---	-3.83
Kelsie Carter (14) F					
33.78Y	C F # 27	200 Free Relay Lead Off	---	---	5.74
2:35.28Y	B F # 31	Female 13-14 200 IM	3	---	2.08
1:02.35Y	A F # 35	Female 13-14 100 Free	9	---	0.89
1:16.70Y	B F # 43	Female 13-14 100 Back	12	---	-1.81
2:44.36Y	A F # 47	Female 13-14 200 Breast	2	7	0.40
2:14.84Y	B F # 82	Female 13-14 200 Free	1	---	-2.07
1:11.72Y	B F # 86	Female 13-14 100 Fly	3	---	-6.07
1:13.49Y	CH F # 94	Female 13-14 100 Breast	1	9	-1.21
27.77Y	A F # 98	Female 13-14 50 Free	5	4	-0.27
Cassandra Cedarholm (16) F					
2:05.10Y	A F # 80	Female Senior 200 Free	1	9	1.41
2:29.52Y	B F # 88	Female Senior 200 Back	1	---	-6.34

**SOUTH EAST METRO SHARKS
SWIM CLUB, INC.**

Individual Meet Results

2010 MN HASA Frostbite ABC Open 30-Jan-10 to 31-Jan-10 Yards

Sanction: MN10W-12-09Y Location: Hudson Middle School

South East Metro Sharks [SEMS-MN] Coach: Eric Seversen

Time	F/P/S	Event	Place	Points	Improv
1:17.64Y B	F # 92	Female Senior 100 Breast	3	---	-3.12
5:16.36Y B	F # 100	Female Senior 400 IM	3	---	-16.18
Joanna Chen (9) F					
2:02.47Y	F # 4	Female 9-10 100 IM	27	---	0.81
56.66Y	F # 9	Female 9-10 50 Back	35	---	2.48
1:02.56Y	F # 19	Female 9-10 50 Breast	34	---	-1.62
1:47.35Y	F # 22	Female 9-10 100 Free	36	---	-1.27
44.95Y C	F # 56	Female 9-10 50 Free	21	---	-1.11
2:17.75Y	F # 61	Female 9-10 100 Breast	20	---	---
2:00.79Y	F # 66	Female 9-10 100 Back	26	---	-4.05
1:20.78Y DQ	F # 71	Female 9-10 50 Fly	---	---	---
Mack Christianson (11) M					
39.29Y C	F # 3	200 Free Relay Lead Off	---	---	-1.17
1:26.18Y C	F # 6	Male 11-12 100 Free	14	---	-0.75
51.98Y C	F # 11	Male 11-12 50 Breast	15	---	-1.27
1:39.70Y C	F # 16	Male 11-12 100 Back	13	---	-0.10
54.04Y	F # 21	Male 11-12 50 Fly	12	---	-4.97
38.46Y C	F # 55	Male 11-12 50 Free	9	---	-2.00
1:41.44Y	F # 60	Male 11-12 100 IM	10	---	-3.29
44.96Y C	F # 65	Male 11-12 50 Back	10	---	-1.31
1:52.39Y C	F # 70	Male 11-12 100 Breast	7	---	-0.80
Devin Cicha (12) F					
26.70Y CH	F # 28	200 Free Relay Lead Off	---	---	0.78
2:27.13Y CH	F # 29	Female Senior 200 IM	4	5	1.61
2:53.36Y	F # 45	Female Senior 200 Breast	1	---	---
19:34.10Y	F # 49	Female Senior 1650 Free	1	---	---
2:25.20Y	F # 88	Female Senior 200 Back	1	---	---
1:17.64Y CH	F # 95	Female 11-12 100 Breast	1	---	-5.21
5:13.77Y	F # 100	Female Senior 400 IM	2	---	-8.50
Reagan Cicha (7) F					
1:38.30Y B	F # 7	Female 8 & Under 100 Free	5	4	5.44
1:02.64Y C	F # 12	Female 8 & Under 50 Breast	3	---	-1.80
58.73Y C	F # 17	Female 8 & Under 50 Fly	3	---	2.84
46.69Y A	F # 53	200 Medley Relay Lead Off	---	---	0.57
42.59Y B	F # 58	Female 8 & Under 50 Free	3	---	0.35
46.00Y CH	F # 63	Female 8 & Under 50 Back	3	6	-0.12
1:50.84Y B	F # 68	Female 8 & Under 100 IM	2	---	-0.78
Taylor Cicha (9) F					
35.05Y B	F # 1	200 Free Relay Lead Off	---	---	0.37
1:33.92Y B	F # 4	Female 9-10 100 IM	7	---	0.40
42.13Y B	F # 9	Female 9-10 50 Back	5	---	-0.08
49.04Y B	F # 19	Female 9-10 50 Breast	7	---	0.30
1:18.82Y B	F # 22	Female 9-10 100 Free	3	---	-2.99
35.70Y B	F # 56	Female 9-10 50 Free	3	---	1.02

**SOUTH EAST METRO SHARKS
SWIM CLUB, INC.**

Individual Meet Results

2010 MN HASA Frostbite ABC Open 30-Jan-10 to 31-Jan-10 Yards

Sanction: MN10W-12-09Y Location: Hudson Middle School

South East Metro Sharks [SEMS-MN] Coach: Eric Severson

Time	F/P/S	Event	Place	Points	Improv
1:47.36Y B	F # 61	Female 9-10 100 Breast	2	---	-5.49
1:31.69Y B	F # 66	Female 9-10 100 Back	6	---	0.16
44.44Y B	F # 71	Female 9-10 50 Fly	2	---	-0.85
Kaitlyn Coleman (12) F					
35.15Y C	F # 83	Female 11-12 50 Free	6	---	0.33
1:26.99Y C	F # 87	Female 11-12 100 IM	6	---	-0.27
1:33.83Y B	F # 95	Female 11-12 100 Breast	5	---	-1.81
2:46.47Y C	F # 99	Female 11-12 200 Free	5	---	-8.13
Emily Dahl (11) F					
1:08.12Y B	F # 32	Female 11-12 100 Free	13	---	-1.53
43.26Y B	F # 36	Female 11-12 50 Breast	3	---	-1.66
1:18.92Y B	F # 40	Female 11-12 100 Back	7	---	-1.82
35.24Y B	F # 44	Female 11-12 50 Fly	9	---	-1.44
31.23Y B	F # 83	Female 11-12 50 Free	8	---	-1.39
1:16.61Y B	F # 87	Female 11-12 100 IM	3	---	-4.22
36.75Y B	F # 91	Female 11-12 50 Back	7	---	-0.80
1:32.84Y B	F # 95	Female 11-12 100 Breast	3	---	-5.02
Haley Dahl (13) F					
2:42.30Y B	F # 31	Female 13-14 200 IM	9	---	-5.33
1:06.45Y B	F # 35	Female 13-14 100 Free	13	---	2.20
1:13.37Y B	F # 43	Female 13-14 100 Back	6	---	0.49
3:13.08Y C	F # 47	Female 13-14 200 Breast	4	---	0.30
33.88Y	F # 78	200 Medley Relay Lead Off	---	---	-0.33
2:23.98Y B	F # 82	Female 13-14 200 Free	11	---	-1.05
2:35.08Y B	F # 90	Female 13-14 200 Back	4	---	1.43
1:29.91Y C	F # 94	Female 13-14 100 Breast	2	---	-3.09
31.07Y B	F # 98	Female 13-14 50 Free	12	---	0.65
Breanna Dockter (10) F					
52.97Y	F # 1	200 Free Relay Lead Off	---	---	10.81
1:51.33Y DQ	F # 4	Female 9-10 100 IM	---	---	---
51.91Y C	F # 9	Female 9-10 50 Back	25	---	-4.21
52.15Y C	F # 19	Female 9-10 50 Breast	9	---	-2.64
1:41.45Y	F # 22	Female 9-10 100 Free	29	---	2.49
43.44Y C	F # 56	Female 9-10 50 Free	19	---	1.28
1:54.22Y C	F # 61	Female 9-10 100 Breast	4	---	-11.67
1:53.67Y C	F # 66	Female 9-10 100 Back	20	---	-7.58
1:09.25Y	F # 71	Female 9-10 50 Fly	21	---	4.46
Alaina Erickson (9) F					
43.96Y C	F # 1	200 Free Relay Lead Off	---	---	-0.28
1:50.64Y C	F # 4	Female 9-10 100 IM	15	---	-1.37
50.14Y C	F # 9	Female 9-10 50 Back	19	---	-2.02
1:01.88Y	F # 19	Female 9-10 50 Breast	32	---	-0.85
1:46.65Y	F # 22	Female 9-10 100 Free	34	---	2.11
42.68Y C	F # 56	Female 9-10 50 Free	16	---	-1.56

**SOUTH EAST METRO SHARKS
SWIM CLUB, INC.**

Individual Meet Results

2010 MN HASA Frostbite ABC Open 30-Jan-10 to 31-Jan-10 Yards

Sanction: MN10W-12-09Y Location: Hudson Middle School

South East Metro Sharks [SEMS-MN] Coach: Eric Severson

Time	F/P/S	Event	Place	Points	Improv
2:09.98Y C	F # 61	Female 9-10 100 Breast	19	---	---
1:49.02Y C	F # 66	Female 9-10 100 Back	14	---	-3.03
3:35.96Y C	F # 74	Female 9-10 200 Free	10	---	-9.06
Jared Firebaugh (10) M					
40.88Y C	F # 2	200 Free Relay Lead Off	---	---	1.67
1:38.00Y C	F # 5	Male 9-10 100 IM	3	---	---
47.42Y C	F # 10	Male 9-10 50 Back	6	---	-2.18
2:06.30Y DQ	F # 15	Male 9-10 100 Fly	---	---	---
1:38.22Y C	F # 23	Male 9-10 100 Free	18	---	6.15
45.61Y	F # 57	Male 9-10 50 Free	18	---	6.40
NS	F # 62	Male 9-10 100 Breast	---	---	---
NS	F # 67	Male 9-10 100 Back	---	---	---
Pierce Firebaugh (13) M					
2:40.14Y B	F # 30	Male Senior 200 IM	2	---	---
1:02.94Y B	F # 34	Male Senior 100 Free	1	---	-3.60
1:21.43Y C	F # 42	Male Senior 100 Back	4	---	-3.73
3:06.91Y C	F # 46	Male Senior 200 Breast	2	---	---
NS	F # 81	Male Senior 200 Free	---	---	---
NS	F # 85	Male Senior 100 Fly	---	---	---
NS	F # 89	Male Senior 200 Back	---	---	---
NS	F # 93	Male Senior 100 Breast	---	---	---
Jessica Gotz (13) F					
3:05.34Y C	F # 31	Female 13-14 200 IM	6	---	0.11
1:11.67Y B	F # 35	Female 13-14 100 Free	18	---	0.06
1:21.40Y C	F # 43	Female 13-14 100 Back	6	---	0.57
4:14.79Y	F # 47	Female 13-14 200 Breast	18	---	---
37.04Y	F # 78	200 Medley Relay Lead Off	---	---	-4.02
2:51.73Y C	F # 90	Female 13-14 200 Back	5	---	-3.26
1:57.60Y DQ	F # 94	Female 13-14 100 Breast	---	---	---
32.17Y B	F # 98	Female 13-14 50 Free	17	---	-0.45
6:29.47Y C	F # 102	Female 13-14 400 IM	9	---	---
Megan Graupmann (14) F					
2:47.62Y B	F # 31	Female 13-14 200 IM	2	---	---
1:06.08Y B	F # 35	Female 13-14 100 Free	9	---	-0.29
1:17.22Y B	F # 43	Female 13-14 100 Back	3	---	-2.48
3:19.85Y C	F # 47	Female 13-14 200 Breast	9	---	---
33.87Y	F # 78	200 Medley Relay Lead Off	---	---	-1.73
2:24.68Y B	F # 82	Female 13-14 200 Free	12	---	0.10
1:20.23Y C	F # 86	Female 13-14 100 Fly	1	---	---
1:32.05Y C	F # 94	Female 13-14 100 Breast	8	---	-11.11
29.05Y B	F # 98	Female 13-14 50 Free	2	---	-0.65
Jessica Griffin (15) F					
2:54.28Y C	F # 29	Female Senior 200 IM	2	---	-26.49
1:07.69Y B	F # 33	Female Senior 100 Free	1	---	-1.05

**SOUTH EAST METRO SHARKS
SWIM CLUB, INC.**

Individual Meet Results

2010 MN HASA Frostbite ABC Open 30-Jan-10 to 31-Jan-10 Yards

Sanction: MN10W-12-09Y Location: Hudson Middle School

South East Metro Sharks [SEMS-MN] Coach: Eric Severson

Time	F/P/S	Event	Place	Points	Improv
1:20.92Y	C F # 41	Female Senior 100 Back	5	---	-27.01
3:06.18Y	B F # 45	Female Senior 200 Breast	2	---	---
2:25.38Y	B F # 80	Female Senior 200 Free	1	---	-5.89
1:34.37Y	F # 84	Female Senior 100 Fly	4	---	---
1:25.03Y	DQ F # 92	Female Senior 100 Breast	---	---	---
30.41Y	B F # 96	Female Senior 50 Free	1	---	-0.51
Carter Hauge (9) M					
1:34.49Y	B F # 5	Male 9-10 100 IM	4	---	0.19
1:54.78Y	C F # 15	Male 9-10 100 Fly	2	---	---
47.44Y	B F # 20	Male 9-10 50 Breast	4	---	-1.07
1:25.12Y	B F # 23	Male 9-10 100 Free	2	---	3.93
35.47Y	B F # 57	Male 9-10 50 Free	2	---	1.38
1:45.18Y	B F # 62	Male 9-10 100 Breast	3	---	1.31
1:33.68Y	B F # 67	Male 9-10 100 Back	3	---	1.46
3:07.99Y	C F # 75	Male 9-10 200 Free	1	---	11.18
William Ho (12) M					
1:25.76Y	C F # 6	Male 11-12 100 Free	13	---	-3.54
40.77Y	B F # 11	Male 11-12 50 Breast	2	---	0.03
1:29.32Y	C F # 16	Male 11-12 100 Back	3	---	-5.03
44.49Y	C F # 21	Male 11-12 50 Fly	4	---	-2.22
36.43Y	C F # 55	Male 11-12 50 Free	6	---	-1.79
1:29.21Y	C F # 60	Male 11-12 100 IM	4	---	-2.31
40.86Y	C F # 65	Male 11-12 50 Back	7	---	-0.62
1:33.62Y	B F # 70	Male 11-12 100 Breast	4	---	-0.92
Kayla Jambor (12) F					
NS	F # 32	Female 11-12 100 Free	---	---	---
NS	F # 36	Female 11-12 50 Breast	---	---	---
NS	F # 40	Female 11-12 100 Back	---	---	---
44.64Y	F # 44	Female 11-12 50 Fly	18	---	6.39
31.32Y	B F # 83	Female 11-12 50 Free	10	---	-0.16
1:24.10Y	B F # 87	Female 11-12 100 IM	15	---	0.07
1:34.21Y	B F # 95	Female 11-12 100 Breast	6	---	-0.40
2:44.43Y	C F # 99	Female 11-12 200 Free	4	---	-11.82
Taylor Johnson (13) F					
26.88Y	CH F # 27	200 Free Relay Lead Off	---	---	0.66
2:20.82Y	CH F # 31	Female 13-14 200 IM	1	9	-0.18
2:27.12Y	CH F # 39	Female 13-14 200 Fly	1	9	1.44
1:07.89Y	A F # 43	Female 13-14 100 Back	3	6	-0.83
19:32.73Y	A F # 51	Female 13-14 1650 Free	1	9	4.81
2:05.04Y	CH F # 82	Female 13-14 200 Free	1	9	1.12
1:04.98Y	CH F # 86	Female 13-14 100 Fly	1	9	1.33
2:23.81Y	A F # 90	Female 13-14 200 Back	2	7	-4.45
26.95Y	CH F # 98	Female 13-14 50 Free	1	9	0.73

**SOUTH EAST METRO SHARKS
SWIM CLUB, INC.**

Individual Meet Results

2010 MN HASA Frostbite ABC Open 30-Jan-10 to 31-Jan-10 Yards

Sanction: MN10W-12-09Y Location: Hudson Middle School

South East Metro Sharks [SEMS-MN] Coach: Eric Seversen

Time	F/P/S	Event	Place	Points	Improv
Taylor Karrow (13) F					
3:05.74Y C	F # 31	Female 13-14 200 IM	8	---	0.18
NS	F # 35	Female 13-14 100 Free	---	---	---
1:24.34Y C	F # 43	Female 13-14 100 Back	11	---	0.33
3:30.04Y C	F # 47	Female 13-14 200 Breast	12	---	-3.93
2:40.60Y C	F # 82	Female 13-14 200 Free	4	---	-3.00
2:58.56Y C	F # 90	Female 13-14 200 Back	10	---	-7.34
1:36.59Y C	F # 94	Female 13-14 100 Breast	12	---	-1.56
31.89Y B	F # 98	Female 13-14 50 Free	16	---	-0.62
Maggie Kenney (11) F					
1:54.40Y	F # 32	Female 11-12 100 Free	38	---	---
59.05Y DQ	F # 36	Female 11-12 50 Breast	---	---	---
1:16.61Y DQ	F # 44	Female 11-12 50 Fly	---	---	---
Alyssa Kong (17) F					
26.00Y CH	F # 25	200 Free Relay Lead Off	---	---	0.56
2:23.84Y A	F # 29	Female Senior 200 IM	2	7	-0.90
56.42Y CH	F # 33	Female Senior 100 Free	1	9	0.88
1:05.38Y A	F # 41	Female Senior 100 Back	2	7	3.21
Daphne Kroells (13) F					
2:33.84Y B	F # 82	Female 13-14 200 Free	18	---	5.54
1:17.22Y B	F # 86	Female 13-14 100 Fly	11	---	-0.70
30.25Y B	F # 98	Female 13-14 50 Free	6	---	-0.06
5:48.76Y B	F # 102	Female 13-14 400 IM	3	---	---
Callie Kunz (8) F					
1:33.90Y B	F # 7	Female 8 & Under 100 Free	4	5	0.80
1:12.03Y C	F # 12	Female 8 & Under 50 Breast	7	---	1.23
59.58Y C	F # 17	Female 8 & Under 50 Fly	3	---	-2.25
45.15Y CH	F # 53	200 Medley Relay Lead Off	---	---	-2.22
39.88Y A	F # 58	Female 8 & Under 50 Free	3	6	-0.71
45.43Y CH	F # 63	Female 8 & Under 50 Back	2	7	-1.94
1:55.38Y B	F # 68	Female 8 & Under 100 IM	1	---	-6.22
Lauren Lewis (8) F					
1:36.43Y B	F # 7	Female 8 & Under 100 Free	1	---	-0.95
1:04.28Y C	F # 12	Female 8 & Under 50 Breast	6	---	-0.46
53.50Y B	F # 17	Female 8 & Under 50 Fly	1	---	0.06
39.61Y CH	F # 58	Female 8 & Under 50 Free	1	---	-0.58
51.89Y B	F # 63	Female 8 & Under 50 Back	4	---	0.67
1:53.78Y B	F # 68	Female 8 & Under 100 IM	3	---	-2.65
Lindsey Lewis (14) F					
2:31.34Y A	F # 31	Female 13-14 200 IM	1	---	-2.39
1:00.02Y A	F # 35	Female 13-14 100 Free	6	3	0.25
1:10.97Y B	F # 43	Female 13-14 100 Back	2	---	0.09
19:48.89Y A	F # 51	Female 13-14 1650 Free	1	---	-26.49
1:15.78Y B	F # 86	Female 13-14 100 Fly	10	---	-1.94

**SOUTH EAST METRO SHARKS
SWIM CLUB, INC.**

Individual Meet Results

2010 MN HASA Frostbite ABC Open 30-Jan-10 to 31-Jan-10 Yards

Sanction: MN10W-12-09Y Location: Hudson Middle School

South East Metro Sharks [SEMS-MN] Coach: Eric Seversen

Time	F/P/S	Event	Place	Points	Improv
2:28.40Y	B F # 90	Female 13-14 200 Back	2	---	-2.68
1:24.35Y	B F # 94	Female 13-14 100 Breast	5	---	-2.12
5:19.84Y	A F # 102	Female 13-14 400 IM	1	---	-21.22
Christine Lorentzen (11) F					
1:24.79Y	C F # 32	Female 11-12 100 Free	20	---	-8.90
51.68Y	F # 36	Female 11-12 50 Breast	27	---	0.14
1:54.11Y	F # 40	Female 11-12 100 Back	31	---	0.70
55.40Y	F # 44	Female 11-12 50 Fly	33	---	---
Mikayla Mayer (14) F					
2:25.06Y	A F # 31	Female 13-14 200 IM	2	7	-2.37
56.16Y	CH F # 35	Female 13-14 100 Free	1	9	-0.04
1:05.10Y	CH F # 43	Female 13-14 100 Back	1	9	0.07
3:02.09Y	B F # 47	Female 13-14 200 Breast	3	---	4.84
30.44Y	F # 78	200 Medley Relay Lead Off	---	---	0.16
1:08.67Y	B F # 86	Female 13-14 100 Fly	2	---	0.37
1:23.34Y	B F # 94	Female 13-14 100 Breast	2	---	-0.12
5:04.31Y	CH F # 102	Female 13-14 400 IM	1	9	-11.22
Molly McGrath (10) F					
1:09.39Y	F # 1	200 Free Relay Lead Off	---	---	18.75
2:20.15Y	F # 4	Female 9-10 100 IM	31	---	---
58.55Y	F # 9	Female 9-10 50 Back	38	---	-1.24
59.84Y	F # 19	Female 9-10 50 Breast	26	---	---
2:12.17Y	F # 22	Female 9-10 100 Free	51	---	1.02
Chloe McNearney (8) F					
2:20.12Y	F # 7	Female 8 & Under 100 Free	6	---	10.77
1:23.92Y	F # 12	Female 8 & Under 50 Breast	9	---	---
1:50.16Y	F # 17	Female 8 & Under 50 Fly	8	---	---
Madeline McNearney (12) F					
30.35Y	B F # 83	Female 11-12 50 Free	6	---	-0.14
1:20.33Y	B F # 87	Female 11-12 100 IM	8	---	-3.06
36.39Y	B F # 91	Female 11-12 50 Back	4	---	-2.62
1:38.70Y	C F # 95	Female 11-12 100 Breast	10	---	-9.78
Elizabeth Mortenson (8) F					
1:57.64Y	C F # 7	Female 8 & Under 100 Free	4	---	-2.08
1:00.73Y	B F # 12	Female 8 & Under 50 Breast	1	---	-1.94
1:27.01Y	F # 17	Female 8 & Under 50 Fly	6	---	14.59
53.65Y	C F # 58	Female 8 & Under 50 Free	4	---	2.74
56.21Y	C F # 63	Female 8 & Under 50 Back	5	---	1.48
2:20.20Y	F # 68	Female 8 & Under 100 IM	5	---	10.33
Mara Mueller (10) F					
2:08.83Y	F # 4	Female 9-10 100 IM	29	---	-2.16
1:01.26Y	F # 9	Female 9-10 50 Back	42	---	0.72
54.71Y	C F # 19	Female 9-10 50 Breast	16	---	-5.18
1:55.89Y	F # 22	Female 9-10 100 Free	43	---	8.94

**SOUTH EAST METRO SHARKS
SWIM CLUB, INC.**

Individual Meet Results

2010 MN HASA Frostbite ABC Open 30-Jan-10 to 31-Jan-10 Yards

Sanction: MN10W-12-09Y Location: Hudson Middle School

South East Metro Sharks [SEMS-MN] Coach: Eric Severson

Time	F/P/S	Event	Place	Points	Improv
48.63Y	F # 56	Female 9-10 50 Free	25	---	-0.47
1:59.67Y C	F # 61	Female 9-10 100 Breast	7	---	---
2:05.39Y	F # 66	Female 9-10 100 Back	28	---	-8.15
1:15.89Y	F # 71	Female 9-10 50 Fly	24	---	10.03
Kristina Nevin (13) F					
3:05.85Y C	F # 31	Female 13-14 200 IM	9	---	0.70
1:13.82Y C	F # 35	Female 13-14 100 Free	20	---	2.16
1:31.04Y C	F # 43	Female 13-14 100 Back	17	---	-1.17
3:36.27Y C	F # 47	Female 13-14 200 Breast	13	---	---
1:32.39Y	F # 86	Female 13-14 100 Fly	7	---	4.71
3:12.36Y C	F # 90	Female 13-14 200 Back	11	---	-15.82
1:37.42Y C	F # 94	Female 13-14 100 Breast	13	---	0.34
33.16Y C	F # 98	Female 13-14 50 Free	18	---	0.49
Joseph O'Connell (10) M					
1:53.02Y C	F # 5	Male 9-10 100 IM	11	---	-10.72
50.87Y C	F # 10	Male 9-10 50 Back	13	---	-2.09
51.14Y C	F # 20	Male 9-10 50 Breast	2	---	-1.21
1:34.70Y C	F # 23	Male 9-10 100 Free	15	---	-3.82
41.05Y C	F # 57	Male 9-10 50 Free	12	---	-0.80
1:54.70Y C	F # 62	Male 9-10 100 Breast	3	---	-3.19
1:52.84Y C	F # 67	Male 9-10 100 Back	13	---	-5.89
3:28.23Y C	F # 75	Male 9-10 200 Free	10	---	-15.08
Tiffany Pan (15) F					
2:35.44Y B	F # 29	Female Senior 200 IM	5	---	0.17
1:03.01Y B	F # 33	Female Senior 100 Free	10	---	1.98
1:17.28Y C	F # 41	Female Senior 100 Back	2	---	0.02
2:59.00Y B	F # 45	Female Senior 200 Breast	6	---	-1.70
Laura Parker (12) F					
1:05.70Y B	F # 32	Female 11-12 100 Free	8	---	-2.61
51.13Y	F # 36	Female 11-12 50 Breast	25	---	-4.45
1:18.61Y B	F # 40	Female 11-12 100 Back	6	---	-4.25
33.83Y B	F # 44	Female 11-12 50 Fly	5	---	-2.28
34.88Y B	F # 79	200 Medley Relay Lead Off	---	---	-1.55
29.74Y A	F # 83	Female 11-12 50 Free	2	---	-2.65
1:19.84Y B	F # 87	Female 11-12 100 IM	7	---	-4.22
36.73Y B	F # 91	Female 11-12 50 Back	6	---	0.30
2:26.91Y B	F # 99	Female 11-12 200 Free	5	---	2.81
Melissa Parker (8) F					
1:28.74Y CH	F # 7	Female 8 & Under 100 Free	3	6	-0.79
53.01Y A	F # 12	Female 8 & Under 50 Breast	2	7	0.72
52.45Y B	F # 17	Female 8 & Under 50 Fly	1	---	-8.69
37.64Y CH	F # 58	Female 8 & Under 50 Free	2	7	-0.07
46.27Y CH	F # 63	Female 8 & Under 50 Back	4	5	-0.05
1:43.52Y A	F # 68	Female 8 & Under 100 IM	1	---	-12.54

**SOUTH EAST METRO SHARKS
SWIM CLUB, INC.**

Individual Meet Results

2010 MN HASA Frostbite ABC Open 30-Jan-10 to 31-Jan-10 Yards

Sanction: MN10W-12-09Y Location: Hudson Middle School

South East Metro Sharks [SEMS-MN] Coach: Eric Seversen

Time	F/P/S	Event	Place	Points	Improv
Nicole Peters (12) F					
1:16.61Y C	F # 32	Female 11-12 100 Free	11	---	-1.71
45.82Y C	F # 36	Female 11-12 50 Breast	15	---	-1.95
1:37.73Y C	F # 40	Female 11-12 100 Back	14	---	-0.45
47.48Y	F # 44	Female 11-12 50 Fly	21	---	0.37
35.86Y C	F # 83	Female 11-12 50 Free	8	---	3.17
1:41.16Y	F # 87	Female 11-12 100 IM	18	---	6.04
46.26Y	F # 91	Female 11-12 50 Back	19	---	0.50
1:52.31Y	F # 95	Female 11-12 100 Breast	23	---	5.72
Kelsey Pflieger (14) F					
2:49.47Y B	F # 31	Female 13-14 200 IM	3	---	-6.93
1:07.78Y B	F # 35	Female 13-14 100 Free	16	---	0.06
1:17.50Y B	F # 43	Female 13-14 100 Back	4	---	-4.65
3:15.24Y C	F # 47	Female 13-14 200 Breast	5	---	-1.92
2:26.18Y B	F # 82	Female 13-14 200 Free	14	---	-2.99
2:48.88Y B	F # 90	Female 13-14 200 Back	4	---	-4.36
1:27.09Y B	F # 94	Female 13-14 100 Breast	8	---	-2.07
30.65Y B	F # 98	Female 13-14 50 Free	9	---	0.20
Emma Pomeroy (11) F					
37.24Y C	F # 28	200 Free Relay Lead Off	---	---	0.88
1:23.74Y C	F # 32	Female 11-12 100 Free	19	---	3.16
58.29Y	F # 36	Female 11-12 50 Breast	37	---	4.68
1:38.50Y C	F # 40	Female 11-12 100 Back	17	---	3.50
53.56Y	F # 44	Female 11-12 50 Fly	27	---	1.43
38.74Y C	F # 83	Female 11-12 50 Free	19	---	2.38
1:43.87Y	F # 87	Female 11-12 100 IM	22	---	2.68
46.84Y	F # 91	Female 11-12 50 Back	21	---	0.96
2:06.37Y	F # 95	Female 11-12 100 Breast	33	---	6.83
Ethan Porter (9) M					
2:08.60Y	F # 5	Male 9-10 100 IM	18	---	1.40
54.42Y DQ	F # 10	Male 9-10 50 Back	---	---	---
1:02.27Y	F # 20	Male 9-10 50 Breast	13	---	0.99
1:59.51Y	F # 23	Male 9-10 100 Free	29	---	3.71
Julia Quinn (9) F					
1:08.16Y DQ	F # 9	Female 9-10 50 Back	---	---	---
2:13.65Y	F # 22	Female 9-10 100 Free	52	---	---
Julia Quinn (7) F					
1:07.90Y	F # 53	200 Medley Relay Lead Off	---	---	15.36
Julia Quinn (9) F					
57.78Y	F # 56	Female 9-10 50 Free	33	---	-7.00
2:30.64Y	F # 66	Female 9-10 100 Back	31	---	---
1:17.79Y DQ	F # 71	Female 9-10 50 Fly	---	---	---
Melanie Rabino (15) F					
2:24.70Y A	F # 29	Female Senior 200 IM	3	6	-0.26

**SOUTH EAST METRO SHARKS
SWIM CLUB, INC.**

Individual Meet Results

2010 MN HASA Frostbite ABC Open 30-Jan-10 to 31-Jan-10 Yards

Sanction: MN10W-12-09Y Location: Hudson Middle School

South East Metro Sharks [SEMS-MN] Coach: Eric Seversen

Time	F/P/S	Event	Place	Points	Improv
59.25Y A	F # 33	Female Senior 100 Free	3	6	2.86
2:39.49Y B	F # 37	Female Senior 200 Fly	2	---	7.64
19:00.77Y CH	F # 49	Female Senior 1650 Free	1	9	20.81
1:09.94Y B	F # 84	Female Senior 100 Fly	1	---	1.81
2:24.22Y A	F # 88	Female Senior 200 Back	3	6	1.33
27.23Y A	F # 96	Female Senior 50 Free	1	9	0.28
5:09.29Y A	F # 100	Female Senior 400 IM	2	7	2.45
Sophie Rabino (11) F					
31.73Y B	F # 28	200 Free Relay Lead Off	---	---	---
1:10.65Y B	F # 32	Female 11-12 100 Free	18	---	-0.47
41.60Y B	F # 36	Female 11-12 50 Breast	1	---	-1.90
1:22.27Y B	F # 40	Female 11-12 100 Back	3	---	-3.58
36.11Y B	F # 44	Female 11-12 50 Fly	1	---	-2.10
31.63Y B	F # 83	Female 11-12 50 Free	12	---	-0.10
1:22.18Y B	F # 87	Female 11-12 100 IM	10	---	-1.50
37.79Y B	F # 91	Female 11-12 50 Back	1	---	-1.63
1:31.87Y B	F # 95	Female 11-12 100 Breast	1	---	-5.11
Adam Raymond (12) M					
1:04.11Y A	F # 6	Male 11-12 100 Free	1	9	0.43
1:11.50Y CH	F # 16	Male 11-12 100 Back	1	9	-3.83
35.35Y B	F # 21	Male 11-12 50 Fly	1	---	-0.11
5:59.65Y CH	F # 24	Male 11-12 500 Free	1	9	-0.45
34.41Y A	F # 52	200 Medley Relay Lead Off	---	---	0.25
29.76Y A	F # 55	Male 11-12 50 Free	2	7	0.66
1:14.64Y A	F # 60	Male 11-12 100 IM	1	9	1.54
34.10Y A	F # 65	Male 11-12 50 Back	1	9	-0.06
2:18.07Y A	F # 73	Male 11-12 200 Free	1	9	2.14
Linnea Rizzo (13) F					
2:29.36Y A	F # 31	Female 13-14 200 IM	6	3	0.43
59.57Y CH	F # 35	Female 13-14 100 Free	5	4	0.29
1:10.06Y B	F # 43	Female 13-14 100 Back	1	---	0.31
1:14.74Y B	F # 86	Female 13-14 100 Fly	5	---	-0.09
2:26.60Y A	F # 90	Female 13-14 200 Back	1	---	-4.99
5:48.69Y B	F # 102	Female 13-14 400 IM	5	---	20.55
Lucia Rizzo (10) F					
1:23.63Y A	F # 4	Female 9-10 100 IM	5	4	1.16
40.18Y B	F # 9	Female 9-10 50 Back	2	7	1.14
40.48Y CH	F # 19	Female 9-10 50 Breast	1	9	-0.96
1:08.75Y CH	F # 22	Female 9-10 100 Free	2	7	-0.56
31.59Y CH	F # 56	Female 9-10 50 Free	2	7	0.38
1:28.67Y CH	F # 61	Female 9-10 100 Breast	1	9	-0.31
1:24.19Y A	F # 66	Female 9-10 100 Back	1	9	0.18
38.94Y A	F # 71	Female 9-10 50 Fly	3	6	1.45

**SOUTH EAST METRO SHARKS
SWIM CLUB, INC.**

Individual Meet Results

2010 MN HASA Frostbite ABC Open 30-Jan-10 to 31-Jan-10 Yards

Sanction: MN10W-12-09Y Location: Hudson Middle School

South East Metro Sharks [SEMS-MN] Coach: Eric Seversen

Time	F/P/S	Event	Place	Points	Improv
Marina Rizzo (14) F					
2:25.88Y	A F # 31	Female 13-14 200 IM	3	6	-0.27
59.47Y	CH F # 35	Female 13-14 100 Free	4	5	1.14
2:30.16Y	B F # 39	Female 13-14 200 Fly	1	---	1.43
2:49.18Y	B F # 47	Female 13-14 200 Breast	3	6	5.89
2:09.12Y	A F # 82	Female 13-14 200 Free	2	7	1.73
1:08.19Y	A F # 86	Female 13-14 100 Fly	3	6	0.36
1:21.98Y	B F # 94	Female 13-14 100 Breast	3	6	4.21
27.49Y	CH F # 98	Female 13-14 50 Free	4	5	0.20
Megan Schiferl (11) F					
1:34.10Y	F # 32	Female 11-12 100 Free	31	---	-0.28
54.02Y	F # 36	Female 11-12 50 Breast	34	---	-2.10
1:48.47Y	F # 40	Female 11-12 100 Back	29	---	-15.18
49.89Y	F # 44	Female 11-12 50 Fly	23	---	-4.89
36.92Y	C F # 83	Female 11-12 50 Free	13	---	-0.85
1:41.27Y	F # 87	Female 11-12 100 IM	19	---	-9.54
48.26Y	F # 91	Female 11-12 50 Back	27	---	-5.75
2:01.25Y	F # 95	Female 11-12 100 Breast	31	---	-5.08
Sean Schiferl (8) M					
55.34Y	B F # 52	200 Medley Relay Lead Off	---	---	-4.12
55.82Y	F # 59	Male 8 & Under 50 Free	5	---	2.43
59.51Y	C F # 64	Male 8 & Under 50 Back	4	---	0.05
2:39.50Y	DQ F # 69	Male 8 & Under 100 IM	---	---	---
Max Schiller (9) M					
2:02.03Y	DQ F # 5	Male 9-10 100 IM	---	---	---
1:00.14Y	F # 10	Male 9-10 50 Back	27	---	1.45
58.12Y	C F # 20	Male 9-10 50 Breast	9	---	-8.15
1:45.99Y	F # 23	Male 9-10 100 Free	23	---	-0.98
NS	F # 57	Male 9-10 50 Free	---	---	---
NS	F # 62	Male 9-10 100 Breast	---	---	---
NS	F # 67	Male 9-10 100 Back	---	---	---
NS	F # 72	Male 9-10 50 Fly	---	---	---
Michaela Silvis (11) F					
1:43.19Y	F # 32	Female 11-12 100 Free	36	---	9.54
54.86Y	DQ F # 36	Female 11-12 50 Breast	---	---	---
1:52.31Y	F # 40	Female 11-12 100 Back	30	---	2.13
1:00.68Y	F # 44	Female 11-12 50 Fly	36	---	-5.87
43.44Y	F # 83	Female 11-12 50 Free	25	---	1.65
1:43.44Y	F # 87	Female 11-12 100 IM	21	---	-6.12
51.10Y	F # 91	Female 11-12 50 Back	28	---	-0.86
2:03.69Y	F # 95	Female 11-12 100 Breast	32	---	1.89
Gabrielle Smith (10) F					
1:58.24Y	F # 4	Female 9-10 100 IM	26	---	---
46.44Y	C F # 9	Female 9-10 50 Back	4	---	-1.48

**SOUTH EAST METRO SHARKS
SWIM CLUB, INC.**

Individual Meet Results

2010 MN HASA Frostbite ABC Open 30-Jan-10 to 31-Jan-10 Yards

Sanction: MN10W-12-09Y Location: Hudson Middle School

South East Metro Sharks [SEMS-MN] Coach: Eric Severson

Time	F/P/S	Event	Place	Points	Improv
55.34Y C	F # 19	Female 9-10 50 Breast	17	---	-3.29
1:32.48Y C	F # 22	Female 9-10 100 Free	17	---	-2.23
41.28Y C	F # 56	Female 9-10 50 Free	10	---	1.00
2:00.70Y C	F # 61	Female 9-10 100 Breast	9	---	-12.98
1:42.87Y C	F # 66	Female 9-10 100 Back	8	---	-3.83
53.77Y	F # 71	Female 9-10 50 Fly	10	---	-3.12
Paige Smoley (8) F					
2:03.45Y C	F # 7	Female 8 & Under 100 Free	5	---	---
1:28.64Y	F # 17	Female 8 & Under 50 Fly	7	---	---
52.88Y C	F # 58	Female 8 & Under 50 Free	3	---	-6.24
52.59Y DQ	F # 63	Female 8 & Under 50 Back	---	---	---
NS	F # 68	Female 8 & Under 100 IM	---	---	---
Ana Sortland (12) F					
1:04.76Y B	F # 32	Female 11-12 100 Free	4	---	-0.80
35.00Y CH	F # 36	Female 11-12 50 Breast	1	9	0.04
1:17.82Y B	F # 40	Female 11-12 100 Back	4	---	1.74
34.39Y B	F # 44	Female 11-12 50 Fly	7	---	-1.56
28.25Y CH	F # 83	Female 11-12 50 Free	3	6	-0.31
1:12.80Y A	F # 87	Female 11-12 100 IM	1	9	0.32
36.23Y B	F # 91	Female 11-12 50 Back	3	---	-0.64
1:16.45Y CH	F # 95	Female 11-12 100 Breast	1	9	0.84
Britta Sortland (16) F					
2:18.97Y CH	F # 29	Female Senior 200 IM	1	9	3.27
2:22.50Y CH	F # 37	Female Senior 200 Fly	1	9	4.27
1:04.76Y A	F # 41	Female Senior 100 Back	1	9	0.81
30.61Y	F # 76	200 Medley Relay Lead Off	---	---	-0.42
2:17.35Y CH	F # 88	Female Senior 200 Back	1	9	-0.80
1:14.30Y A	F # 92	Female Senior 100 Breast	1	9	-0.33
4:55.28Y CH	F # 100	Female Senior 400 IM	1	9	-4.33
Calvin Sroga (10) M					
1:52.19Y C	F # 5	Male 9-10 100 IM	10	---	1.16
50.42Y C	F # 10	Male 9-10 50 Back	12	---	1.72
57.39Y C	F # 20	Male 9-10 50 Breast	8	---	-1.19
1:36.78Y C	F # 23	Male 9-10 100 Free	16	---	-0.51
47.60Y C	F # 54	200 Medley Relay Lead Off	---	---	-1.10
40.55Y C	F # 57	Male 9-10 50 Free	10	---	-2.00
2:02.61Y C	F # 62	Male 9-10 100 Breast	5	---	-12.00
1:45.86Y C	F # 67	Male 9-10 100 Back	8	---	-15.40
1:01.61Y	F # 72	Male 9-10 50 Fly	7	---	-4.60
Ella Stephan (9) F					
49.37Y	F # 56	Female 9-10 50 Free	27	---	4.34
2:08.77Y DQ	F # 66	Female 9-10 100 Back	---	---	---
1:14.12Y	F # 71	Female 9-10 50 Fly	22	---	---

**SOUTH EAST METRO SHARKS
SWIM CLUB, INC.**

Individual Meet Results

2010 MN HASA Frostbite ABC Open 30-Jan-10 to 31-Jan-10 Yards

Sanction: MN10W-12-09Y Location: Hudson Middle School

South East Metro Sharks [SEMS-MN] Coach: Eric Severson

Time	F/P/S	Event	Place	Points	Improv
Madelyn Strong (12) F					
1:05.15Y	B F # 32	Female 11-12 100 Free	5	---	0.88
44.21Y	C F # 36	Female 11-12 50 Breast	7	---	-0.48
1:21.38Y	B F # 40	Female 11-12 100 Back	10	---	0.82
36.19Y	B F # 44	Female 11-12 50 Fly	12	---	0.52
29.24Y	A F # 83	Female 11-12 50 Free	1	---	0.10
1:17.27Y	B F # 87	Female 11-12 100 IM	4	---	-2.83
36.66Y	B F # 91	Female 11-12 50 Back	5	---	0.29
2:23.60Y	B F # 99	Female 11-12 200 Free	2	---	3.23
Sydney Swanson (13) F					
2:27.19Y	A F # 31	Female 13-14 200 IM	5	4	0.43
1:01.05Y	A F # 35	Female 13-14 100 Free	7	2	2.17
1:07.63Y	A F # 43	Female 13-14 100 Back	2	7	1.46
20:03.45Y	B F # 51	Female 13-14 1650 Free	2	---	-67.98
32.03Y	F # 78	200 Medley Relay Lead Off	---	---	0.10
1:08.09Y	A F # 86	Female 13-14 100 Fly	1	---	-1.13
2:20.89Y	CH F # 90	Female 13-14 200 Back	1	9	0.59
1:18.88Y	B F # 94	Female 13-14 100 Breast	1	---	-2.36
28.00Y	A F # 98	Female 13-14 50 Free	6	3	0.61
William Tostenson (12) M					
1:28.82Y	F # 6	Male 11-12 100 Free	17	---	---
50.49Y	C F # 11	Male 11-12 50 Breast	11	---	---
1:43.20Y	DQ F # 16	Male 11-12 100 Back	---	---	---
48.41Y	DQ F # 21	Male 11-12 50 Fly	---	---	---
Garrett Verhoeven (12) M					
1:11.65Y	B F # 6	Male 11-12 100 Free	3	---	2.28
1:21.76Y	B F # 16	Male 11-12 100 Back	2	---	3.30
37.15Y	B F # 21	Male 11-12 50 Fly	2	---	-0.63
6:02.95Y	CH F # 24	Male 11-12 500 Free	1	---	-10.86
31.87Y	B F # 55	Male 11-12 50 Free	3	---	1.25
1:20.33Y	B F # 60	Male 11-12 100 IM	5	---	1.36
38.41Y	B F # 65	Male 11-12 50 Back	1	---	-3.41
2:19.53Y	A F # 73	Male 11-12 200 Free	1	---	-0.83
Gabriella Vitela (8) F					
1:47.00Y	C F # 7	Female 8 & Under 100 Free	5	---	2.45
1:03.81Y	C F # 12	Female 8 & Under 50 Breast	5	---	-3.88
1:03.66Y	DQ F # 17	Female 8 & Under 50 Fly	---	---	---
48.44Y	A F # 53	200 Medley Relay Lead Off	---	---	-3.21
44.19Y	B F # 58	Female 8 & Under 50 Free	7	---	-0.62
49.88Y	B F # 63	Female 8 & Under 50 Back	3	---	-1.77
2:04.25Y	C F # 68	Female 8 & Under 100 IM	3	---	---
Jack Weldon (11) M					
1:19.49Y	C F # 6	Male 11-12 100 Free	6	---	1.67
49.31Y	C F # 11	Male 11-12 50 Breast	9	---	1.45

**SOUTH EAST METRO SHARKS
SWIM CLUB, INC.**

Individual Meet Results

2010 MN HASA Frostbite ABC Open 30-Jan-10 to 31-Jan-10 Yards

Sanction: MN10W-12-09Y Location: Hudson Middle School

South East Metro Sharks [SEMS-MN] Coach: Eric Severson

Time	F/P/S	Event	Place	Points	Improv
1:31.10Y C	F # 16	Male 11-12 100 Back	5	---	-1.62
43.03Y C	F # 21	Male 11-12 50 Fly	3	---	-3.91
32.29Y B	F # 55	Male 11-12 50 Free	5	---	-0.41
1:28.28Y C	F # 60	Male 11-12 100 IM	3	---	-3.70
38.63Y B	F # 65	Male 11-12 50 Back	2	---	-4.90
1:43.20Y C	F # 70	Male 11-12 100 Breast	5	---	-4.01
Joshua Williamson (11) M					
39.04Y C	F # 55	Male 11-12 50 Free	12	---	0.61
48.10Y	F # 65	Male 11-12 50 Back	13	---	---
2:05.44Y	F # 70	Male 11-12 100 Breast	10	---	---
Robyn Witikko (6) F					
1:13.41Y	F # 58	Female 8 & Under 50 Free	9	---	-3.74
1:13.92Y	F # 63	Female 8 & Under 50 Back	6	---	---
Jayna Witzany (9) F					
54.62Y	F # 1	200 Free Relay Lead Off	---	---	-2.93
56.71Y DQ	F # 9	Female 9-10 50 Back	---	---	---
1:00.14Y	F # 19	Female 9-10 50 Breast	27	---	---
1:57.35Y	F # 22	Female 9-10 100 Free	46	---	-8.88
52.11Y	F # 56	Female 9-10 50 Free	31	---	-5.44
1:54.26Y C	F # 66	Female 9-10 100 Back	21	---	---
1:15.88Y	F # 71	Female 9-10 50 Fly	23	---	---
Susan Xia (11) F					
35.16Y C	F # 83	Female 11-12 50 Free	7	---	-3.29
1:34.33Y C	F # 87	Female 11-12 100 IM	14	---	-4.58
42.24Y C	F # 91	Female 11-12 50 Back	8	---	-6.87
1:44.28Y C	F # 95	Female 11-12 100 Breast	13	---	-8.26